

POWER UP FOR SUCCESS Week 6
ARE YOU BASING YOUR LIFE ON ASSUMPTIONS?

1. What keeps you from what you want now?.....
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2. Is there anything that you need in order to achieve your goals Y / N
3. If YES, what.....
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4. What are the effects achieving your goal would have on the other people in your life?
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5. When and how would you be aware you reached your goal?.....
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6. What is the route you need to take to get there?.....
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7. Is there anything that stays between you and your goal? Y / N
8. If YES, what?.....
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