

POWER UP FOR SUCCESS WEEK 3

1. On a scale from 1 to 10 (*1 being the weakest and 10 the strongest*), how determined are you to achieve your goal? .....
2. What are you willing to sacrifice in order to achieve your goal?.....  
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3. What are you willing to change in order to achieve your goal?.....  
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4. What are in your opinion 3 qualities you don't have but need in order to achieve your goal?
  - 1.....
  - 2.....
  - 3.....
5. What do you have to change to gain these qualities?.....  
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6. Which are 3 of your qualities you can rely on in order to achieve your goal?
  - 1.....
  - 2.....
  - 3.....
7. Which of your 3 weaknesses you can change into qualities?
  - 1.....
  - 2.....
  - 3.....
8. What past success experiences you can use in order to achieve your goal?....  
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9. What past failure experiences you can use in order to achieve your goal?.....  
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10. How would you feel to achieve your goal?.....  
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11. How do you feel now for working towards your goal?.....  
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12. Why do you feel that way?.....

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13. Design your vision statement focusing on your goal.....

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