

1. Name your 3 main weaknesses (*as per the week 1 assessment*) and transform them in strengths:

Weakness

Strength

.....
.....
.....

2. Would these help you achieve your main goal? Y / N

3. If YES, how?.....

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.....

4. What do you have to give up personally to achieve your goal?.....

.....
.....

5. Are there any people in your entourage who may have to let go? Y / N

6. If YES, who?

7. Write an affirmation about your goal (example: I can set up my business).....

8. How would you manifest the affirmation above?

.....
.....

9. Where would you manifest it?

.....
.....

COMMUNICATION AND BODY LANGUAGE

10. Do you see yourself as a winner? Y / N

11. Why?.....

.....
.....

12. Do others see you as a winner? Y / N

13. Who?.....

14. Why?

15. What is your body language showing (example: strength, weakness, passion, etc)..

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16. Is your body language manifesting success? Y / N

17. Why?

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18. Do you use the language of a winner (example: yes, I can) Y / N

19. What and how?

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20. What can you change in the manner you are communicating/ expressing yourself?
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.....
21. What can you change in your body language?.....

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.....
22. What is your first step in achieving success?

.....
23. Do you have an action plan? Y / N